

KELLY COYLE

OWNER / ENTREPRENEUR

- 3 Sport College Athlete
- Coached competitive gymnastics, swimming and diving
- B.S. Degree in Exercise Science (Motor Development and Physical Education)
- DSS Certified Trainer (Child Care Programs)
- KAT Certified (Kinder Accredited Trainer)
- First Steps Child Care Careers Certified Trainer



TWIZZLENASTICS

A developmental and enrichment class which involves parent, child and instructor. The class is very educational for parent and child. Exploration, gross motor skills, social games, discovery skills, and lots of fun on all events. 10 minutes Free Play in each class.

Ages: 18 months to early 3 Length: 30 min. Cost: \$40.00/month

TUMBLE WEEDS (Beginner Classes)

Experiences taught through basic skills to help develop coordination, balance, strength, and gross motor development. Developmental games and confidence skills. All events included

Ages: 3-5 Length: 45 min. Cost: \$45.00/month

FLYING STARS (Intermediate Classes)

To provide a beginner to intermediate level in gymnastics. Experiences will be developed through combinations, and routines. Skills will be accomplished by using all events in gymnastics. For higher level of development

Ages: 6-9 Length: 1 hr Cost: \$50.00/month

FLIPSTERS (Advanced Classes)

Provides an intermediate to advanced level of gymnastics which will demand strength, coordination, flexibility, and will build confident student for more advanced levels. Lifetime habits will be developed through this class.

Ages: 10-14 Length: 1 hr. 15 min Cost: \$55.00/month



MIX A GYMNASTICS AND CHEER CLASS 2X A WEEK FOR \$75.00 per month



**Kelly's Gymnastics Center in Lexington 359-0433
Kelly's Mobile Programs Serving the Greater Columbia Area!**

"A LIFE STYLE" HAPPY - HEALTHY HEARTS!

**OUR GYMNASTICS AND CHEER PROGRAMS
BUILD CONFIDENCE, DISCIPLINE AND SELF-CONTROL**



KELLY'S BIRTHDAY PARTIES

Structured Adventure & Sport Themed Parties

- Action Packed Themes • Recommended Ages 2-10
- Eight action-packed themes for your child's special day.
- Call (803) 359-0433 to book your child's party and set details.
- You do not have to be enrolled in classes to enjoy our parties

Lots of participation • Personalized Themes

Private Atmosphere • Check the web for Schedule and Pricing

**EVERY CHILD LEAVES WITH A BIG HAPPY SMILE!
YOU BRING THE CAKE, KIDS AND SUPPLIES ...
KELLY'S STAFF DOES THE ENTERTAINING!
HASSLE-FREE!!**

KELLY'S CHEERLEADING AND HIP-HOP CLASSES

**Ages: 4-14 Length: 1 hr Cost: \$55.00 per month
Come Twice a week for only \$75.00 per month**

**Tuesday 6:00 - 7:00 pm
Thursday 7:00 - 8:00 pm**

Exhibitions and Performances



**We Accept
Visa and
MasterCard**

**KELLY'S GYMNASTICS
CHEERLEADING
PROGRAM**

CHEERLEADING & HIP-HOP CLASSES

**Getting Ready for Try-outs?
Need a lift on that back Handspring?
Or a Hip-Hop Dance Routine?**

CHANTS • CHEERS • TUMBLING • STUNTS

Our Cheer Stars Will Assist You In Reaching The Highest Quality In Cheerleading Techniques And Equip Each Child With The Basics Of Cheer Tumbling Skills & Hip-hop Dance Routines!

Non-Competitive Class

Tuesday 6:00 - 7:00 pm
Thursday 7:00 - 8:00 pm

\$55.00

**per month per child
Twice a week \$75.00
plus registration fees**

Demonstrations & Exhibitions will be scheduled for those who are interested
See Ms. Kelly for details

**Classes are For Boys & Girls
Ages 4 - 14 Years**

ALL FEES DUE BY THE FIRST CLASS - LATE FEES APPLIED AFTER THE FIRST CLASS

BRING YOUR POM-POMS TO CLASS

GOALS AND OBJECTIVES

For All Students Enrolled in Kelly's Gymnastics Classes

- Fun and safe environment for ALL students
- Develop a positive self-image of oneself
- Theme oriented classes for all ages
- Educational tips about nutrition, sports and children's fitness
- Mastering skills and activities that each child can transfer to other preferred sports
- Develops Healthy Bodies and Healthy Minds
- Discipline, Self Control, Grace, Coordination and FUN
- Socialization, Exploration and Discovery Skills

POLICIES AND PROCEDURES

- All fees are due by the first class of each month so your child will not be dropped from the program.
- A late fee will be charged for every 5 days late.
- A 10% discount for families with 2 or more students enrolled
- Yearly Registration Fees
\$15.00 Individual Child
\$20.00 Family Fee
- Registration fee must accompany your application and 1st month's class fees. You must re-register if your child drops from the program.
- Missed classes must be made-up within a two week period.
- Closed on all major holidays. No make-ups. See monthly calendar for other closures.
- Contact our office by the 5th if you are planning to drop or you will be billed accordingly for that month.
- On-going registration and pro-rated fees.
- Pay 3, 6, 9 months at a time and we waive the registration fee.



**For Faster Results
Call 359-0433
and pay by Visa or MasterCard**



“A LIFE STYLE” HAPPY - HEALTHY HEARTS!

Gym Location
Lexington
#6 Lexington, SC
www.kellysgymn.com



**KELLY'S GYMNASTICS
CHEER & PARTIES**
116 South Lake Ct
Lexington, SC 29073
803-359-0433



**All Classes Are Designed For Boys and
Girls Ages 18 Months to 14 Yrs. Old**

**COME VISIT OUR LEXINGTON GYM AT
116 South Lake Court, Lexington**

**www.kellysgymn.com
Directions & Schedule Inside**

CONFIDENCE • DISCIPLINE • SELF-CONTROL



“A LIFE STYLE”

HAPPY - HEALTHY HEARTS!